

TYPE

Activity at school

TOPIC

Soft skills, career goals

OBJECTIVES

This activity gives the students some tracks to:

- Highlight their own characteristics (personality)
- Assess what they can do (skills)
- Identify what matters to them and to the others (opinion)
- Think about what they like to do (interests)
- Identify what motivates or hinders them in their life (motivation)

BENEFICIARIES

High school students, pupils, teachers



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SELF-UNDERSTANDING AT SCHOOL

► DESCRIPTION

Every pupil is good at something. That is why the Cité des Métiers of Namur developed a tool to highlight the skills of everyone. Based on a questionnaire of « self-knowledge », the activity allows to figure out what can be the best professional direction to take, by making links between the own characteristics of someone and those needed for their dreaming job.

Students do a self-knowledge questionnaire followed by interaction and brainstormings, a role-playing scenario based on 24 pictures showing work conditions and at the end, a discussion about the results and the next steps is carried out with young people.

► KEY FIGURES

- 1st semester of 2019: 6 schools and more than 70 students could participate in the activity.
- 2019-2020 : more than 150 students expected.

► RESULTS AND IMPACT

The student-based approach aims to expand opportunities for the suited jobs, and target the best study programs. Some schools are already « delighted to implement this activity » because sometimes students « do not even know in which direction to go ».

